



# InTune™

## Focus Blend

**CPTG<sup>®</sup>** Made with Certified Pure  
Therapeutic Grade<sup>®</sup> Essential Oils

Amyris, Patchouli, Frankincense, Lime, Ylang Ylang,  
Sandalwood (Hawaiian), Roman Chamomile

### Product Description

InTune is a proprietary blend of essential oils, carefully selected for their ability to enhance focus and support healthy thought processes.\* This blend helps those who have difficulty paying attention to stay on task and sustain focus.

### Concept

No matter your age, staying focused on the task at hand is sometimes difficult. This is especially critical during the formative years when learning and growing create habits and a foundation for life. There are many factors to consider when researching solutions, including diet, sleep habits, discipline, medicine, environmental influences, stress, relationships, and others. Essential oils are one of nature's ways to help deal with these kinds of challenges so that you can get things done when you need them done.

#### *dōTERRA InTune Focus Blend*

The carefully selected essential oils in dōTERRA's InTune Focus Blend work together supporting your efforts to remain calm and focused on a desired task. Sandalwood, frankincense, and lime contribute to clarity and focus, while the benefits of amyris, patchouli, ylang ylang and Roman chamomile are calming and soothing. The pleasing aroma of InTune Focus Blend makes this solution an easy and delightful one to use.

### Primary Benefits

- Helps restore focus and increase ability to stay on task
- Promotes clarity of thought
- Increases alertness and centering thought processes

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent disease.

## What Makes This Product Unique?

- High quality—CPTG Certified Pure Therapeutic Grade® essential oils
- A proprietary blend of amyris, patchouli, frankincense, lime, ylang ylang, sandalwood (Hawaiian) and Roman chamomile

## Who Should Use this Product?

Anyone looking for natural options for increasing and sustaining focus.

## Directions for Use

Apply topically to bottoms of feet and/or the back of the neck.

## Cautions

Avoid contact with the eyes, inner ears and other sensitive areas. Dilute with fractionated coconut oil to calm any skin sensitivities.

## Ingredients:

*Amyris balsamifera* (West Indian Sandalwood) Bark Oil, *Pogostemon cablin* (Patchouli) Leaf Oil, *Boswellia frereana* (Frankincense) Oil, *Citrus aurantifolia* (Lime) Peel Oil Expressed, *Cananga odorata* (Ylang Ylang) Flower Oil, *Santalum paniculatum* (Sandalwood) Wood Oil, *Anthemis nobilis* (Roman Chamomile) Flower Oil

## dōTERRA InTune Focus Blend

10ml Roll On

**Item code: 41840001**

**Consultant price: \$34.50 (34.50 PV)**

Preferred customer: \$36.80

Retail customer: \$46.00

## References

Heuberger, E., et al., *East Indian Sandalwood and alpha-santalol odor increase physiological and self-rated arousal in humans*. *Planta Med.* 2006 Jul;72(9):792–800.

Ilmberger, J., et al., *The influence of essential oils on human attention. I: alertness*. *Chem Senses.* 2001 Mar;26(3):239–45.

Hongratanaworakit, T. and Buchbauer, G., *Relaxing effect of ylang ylang oil on humans after transdermal absorption*. *Phytother Res.* 2006 Sep;20(9):758–63.

Haze, S., et al., *Effects of fragrance inhalation on sympathetic activity in normal adults*. *Jpn J Pharmacol.* 2002 Nov;90(3):247–53.

Moussaieff, A., et al., *Incensole acetate: a novel neuroprotective agent isolated from *Boswellia carterii**. *J Cereb Blood Flow Metab.* 2008 Jul;28(7):1341–52. (incensole acetate also found in *Boswellia frereana*)

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Tsang, HW. and Ho, TY., *A systematic review on the anxiolytic effects of aromatherapy on rodents under experimentally induced anxiety models*. Rev Neurosci. 2010;21(2):141–52.

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Zhou, W., et al., *Sub-chronic effects of s-limonene on brain neurotransmitter levels and behavior of rats*. J Nutr Sci Vitaminol (Tokyo). 2009 Aug;55(4):367-73.

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# Black Pepper

*Piper nigrum*



Made with Certified Pure  
Therapeutic Grade<sup>®</sup> Essential Oils

## Product Description

dōTERRA's Certified Pure Therapeutic Grade black pepper essential oil is a multi-purpose oil that is extracted from the unripe red fruit of the *Piper nigrum* plant. A stimulating and highly antioxidant essential oil which has been shown to improve circulation, aid digestive system, as well as help curb urges to smoke, black pepper is also a wonderful flavor enhancer but a little goes a long way—use sparingly.\*

**Ingredient:** 100 % Piper nigrum essential oil

## dōTERRA Black Pepper

5 ml

**Item code:** 41040001

**Consultant price:** \$22.00 (22PV)

Preferred member price: \$23.47

Suggested retail price: \$29.33

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# Cilantro

*Coriandrum sativum*

**CPTG<sup>®</sup>** Made with Certified Pure  
Therapeutic Grade<sup>®</sup> Essential Oils

## Product Description

dōTERRA's Certified Pure Therapeutic Grade cilantro essential oil comes from the leaves of the coriander plant and is a fresh and tasty flavor enhancer used by food connoisseurs. There are also many diverse benefits that may be enjoyed, including digestive, antioxidant and stimulating.\*

**Ingredient:** 100 % Coriandrum sativum essential oil

### dōTERRA Cilantro

15 ml

**Item code: 41850001**

**Consultant price: \$26.00 (26PV)**

Preferred member price: \$27.73

Suggested retail price: \$34.67

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